

## kemara CUISINE

100% FREE OF GLUTEN, GRAINS, SUGAR & DAIRY

## JUICE FEAST

At kemara, we try are very best to source organically Certified Fruits and Vegetables.

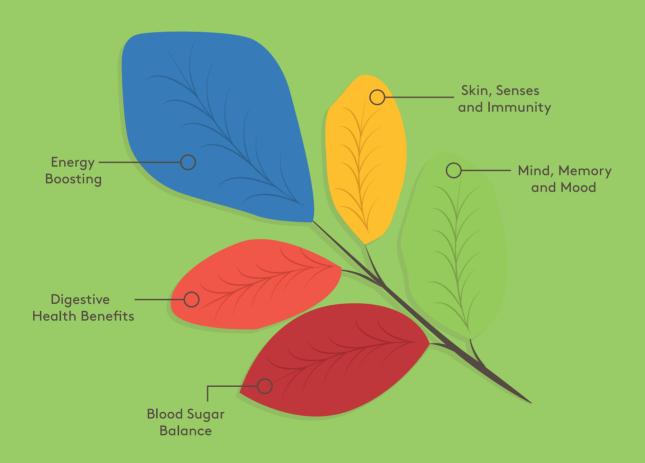
The Juices are cold-pressed, organic where ever possible and preservative-free, Cold-pressing keeps the enzymes and vitamins intact in the juice. This gives your body the best available nutrients and the easiest time digesting. Unlike commercial juices, the kemara juices are still alive when you drink it!

The Juices are enhanced with an added twist of organically certified essential oils which tastes and smells amazing and loaded with therapeutic properties.

Only the best therapeutic grade edible essential oils are used, all essential oils are food grade and organically certified by UK Soil Association

The Kemara Moringa leaf system has been devised to communicate how we support and improve health and wellbeing into different categories, each represented by a moringa petal.

Our menu has been crafted to cover all bases on our Moringa leaf system. We are devoted to keeping your bodies happy.



## **COLD PREESED JUICES**

ORGANIC DETOX GREEN JUICES		SMOOTHIES	
Ultimate Green Juice with Organic Grapefruit Extract (Kale, Celery, Parsley, Coconut Water, Pineapple, Ginger etc)	Rs. 895/-	Choc Heaven Avocado Smoothie (Sesonal) (Avocado, Organic Cacoa Powder, Chiaseed, Almond Milk, Goji Berry e, Banana, Chiaseed etc.)	Rs. 1100/-
Moringa Miracle with Organic Sweet Orange Extract (Organic Moringa,Lime,Lime,Pineapple Coconut water etc)	Rs. 825/-	Mint Choclate Chip Green Smoothie (Organic Mint ,Almond Butter, Dates,85% Choc Chips etc.)	Rs. 995/-
Flat Belly Juice with Organic Lemon Extract (Organic Turmeric, Cucumber, Carrot, Garlic, Spinach, Pineapple etc)	Rs. 825/-	Choc Banana Protein Shake (Organic Cacoa, Banana, Chiaseed etc)	Rs. 925/-
Super green Liver Cleanse Organic Lime Extract (Organic Spinach, Gotukola, Mint, Lime, Coconut water , Pineapple)	Rs. 895/-	Almond, Banana & Passion Fruit Smoothie ( Matcha Tea, Chia Seed , Almind Milk, Goji Berries etc )	Rs. 925/-
LIVER CLEANSE			
Beet with Organic Grapefruit Extract (Beets,Celery ,Parsley ,Cucumber , Organic Grapefruit Extract etc )	Rs. 895/-	Matcha, Chia and Almond Milk Smoothie ( Matcha Tea, Chia Seed , Almind Milk, Goji Berries etc )	Rs. 925/-
ENERGIZING		Pineapple ,Citrus Coconut	Rs. 925/-
Mint and Watermelon Cooler (Mint, Watermelon, Lemon etc)	Rs. 825/-	Cream Smoothie (Pineapple,Coconut Cream , Local Mandarin,Ginger Lemon etc )	
Quick Energy Fix (Carrots,Coconut Water , Celery , Organic Lime Extract etc)	Rs. 825/-	Tropical Turmeric and Mango Smoothie (Almond Milk, Banana, Mango, Cinnamo Cardamom, Ginger, Blackpepper Turme	
IMMUNE BOOSTER			,
Long Distance Runner (Pineapple, Passion, Organic Tangerine E	<b>Rs. 825/-</b> Extract)	Clever Guts Green Smoothie (Avocado,celery,Gotukola, Coconut Yoghurt ,Strawberries etc,)	Rs. 995/-
HEALTHIFIED MOCKTAILS		Salta d Data Carana d Sara athic	D 025/
Citrus and Lavender Spritzer Over Coconut Ice	Rs. 1100/-	Salted Date Caramel Smoothie (Banana, Almond Butter, Dates, Sea Salt etc)	Rs. 925/-
Strawberry and Basil Lemonade	Rs. 1100/-	Danaua Datau Smaathia	D- 025/
Passion Fruit Virgin Mojito	Rs. 975/-	Papaya Detox Smoothie (Coconut Cream,!00% Cacoa Powder, Dates.Coffee, Crushed Ice etc)	Rs. 925/-
Virgin Pinnacolada	Rs. 925/-		
		Coconut Cream Frappe (Organic Mint ,Almond Butter, Dates,85% Choc Chips etc.)	Rs. 995/-

Your Favorite Food Made with Healthy Vibrant Ingredients
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